

Guides

- person who coordinate and accompany groups in the community
- person who advise people
- Peers from the community

Healthy Communities

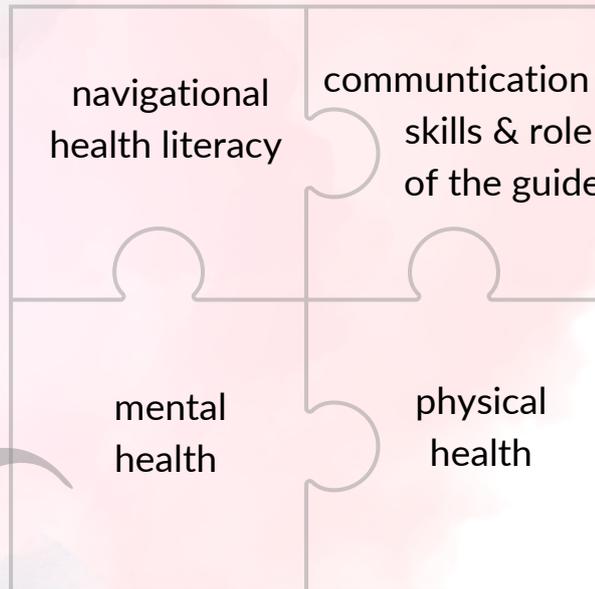
empower health literacy in the neighbourhood

free charge

qualification



one focus:
health promotion
and self-care for
the guides



certificate
nonformal education
validation of the qualification in Europass

modular structure and variety of methods

Blended Learning

exchange of experience with other guides from Poland, Austria, Italy & Germany

Backup by a pool of experts in the field of health



activities of the guides

- raising awareness to prevention and health promotion
- referring to reliable information and contact points
- giving orientation in the health system



setting neighborhood

with good connection to a established meeting point or as part of existing offer

e.g. senior groups, family café, integration cours in community or family centers, health centers, (language) schools, home visit etc.